

**MR. H.R.WILLIAMS**  
**CONSULTANT ORTHOPAEDIC & TRAUMA SURGEON**  
**Shoulder & Elbow Specialist**

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**GMC No.3182396**

**MEDICO-LEGAL PRACTICE**

I have prepared medical reports concerning claims of personal injury for many of Solicitors and agencies since 1994.

My specialist area is that of injuries to the shoulder and elbow.

I also provide reports concerning all types of musculo-skeletal trauma, reflecting my day to day clinical practice treating patients with this type of injury.

I do not undertake cases of medical negligence. I have little experience in attending court.

The split between Plaintiff, Joint and Defendant instructions is approximately one third each.

Clients can be sent appointments to be examined within a couple of weeks of receiving the instruction.

Clients can be examined in York, Leeds and Harrogate.

Reports are completed and returned within 7-10 days of the examination. It is preferable that all clinical notes and radiographs are received prior to the examination date.

**CURRICULUM VITAE (abridged)**

UNIVERSITY	University of Wales, College of Medicine
QUALIFICATIONS	BSc.(Anatomy) 1st Class Honours June 1984 M.B. BCh (Wales) June 1987 FRCS (England) January 1992 ATLS - Provider. October 1993 FRCS (Orth). October 1997 CSST Orthopaedics & Trauma 1999
UNDERGRADUATE PRIZES	Distinction in Anatomy (1983) David Hepburn Medal, Anatomy (1983) Jacoby Prize for Anatomy (1984) Psychology Distinction (1985) Saal Martin Bursary (1986)

Britax Bursary (1986)  
Lewis Bowen Prize: Surgery-Proxime Accessit(1987)

POSTGRADUATE PRIZES      British Orthopaedic Association Wishbone Trust Research Grant (1994)  
Fitton Prize - co-author (1994)  
Kessel Prize - British Elbow and Shoulder Society Annual Meeting (1997)

## **UNDERGRADUATE TRAINING**

My undergraduate training was at the University of Wales College of Medicine, Cardiff. My peri-Fellowship training was also spent in Cardiff. I was then appointed to the Northern & Yorkshire Orthopaedic Registration as Registrar in 1992. I was appointed Senior Registrar in Orthopaedics in 1996. I spent one year (July 1996 - June 1997) as Clinical & Research Fellow in Shoulder Surgery at the Royal Berkshire Hospital, Reading under the guidance of Mr Stephen Copeland, Consultant Orthopaedic Surgeon.

## **CLINICAL EXPERIENCE**

### **SHOULDER & UPPER LIMB EXPERIENCE**

This Fellowship offered me considerable experience in all aspects of shoulder surgery.

### **GENERAL ORTHOPAEDIC EXPERIENCE**

My specialist interest is surgery of the shoulder and elbow. I also manage patients sustaining traumatic musculoskeletal injuries. I have experience in major joint replacement, revision joint replacement, arthroscopic knee surgery, hand surgery, paediatric and spinal surgery.

## **RESEARCH EXPERIENCE**

As a post-graduate, I have maintained my interest in research and have published the results in a number of peer reviewed journals. I have also presented my work at international and national meetings.

## **RESEARCH PUBLICATIONS**

### **PAPERS**

1. Evaluation of the Alvarado Score in Acute Appendicitis  
T.D. Owen, H.R. Williams, G. Stiff, L.R. Jenkinson, B.I. Rees  
Journal of the Royal Society of Medicine Vol. 85 Feb. 1992
2. Laparoscopic Cholecystectomy -the first 155 cases  
B.I. Rees and H.R. Williams  
Annals of the Royal College of Surgeons of England 1992; 74 (4) : 233

3. Audit of thrombo-embolic prophylaxis in hip & knee surgery  
H.R.Williams and D.A.Macdonald  
Annals of the Royal College of Surgeons of England 1997; 79 (1): 55-7
4. Thromboprophylaxis in lower limb arthroplasty surgery : a review  
H.R. Williams and D.A. Macdonald  
Current Orthopaedics 1997; 11, 19-23
5. An Audit of Trauma Documentation  
H.R Williams, P.A Templeton & R.M.Smith  
Injury 1997; 28,3: 165-167
6. Out patient follow up after routine surgery: a questionnaire study.  
H.R.Williams, V.B. Conboy, B.I. Rees & P.N. Matthews  
Journal of the Royal College of Surgeons of Edinburgh 1998; 43, Aug, 251- 3
7. Castleman's disease of the Erector spinae muscle  
H.R.Williams, P.A.Millner, A.Coral  
Skeletal Radiology 1998; 27: 637-640
8. Common Extensor tendon rupture following corticosteroid injection for lateral tendinosis of the elbow  
Smith, A.G., Kosygan, K., Williams, H.R., Newman, R.J.  
British Journal of Sports Medicine 1999; 33:423-25
9. Complications of Tibial shaft soccer fractures  
P.A.Templeton, M.J.Farrar, H.R.Williams, J.A.Bruguera, R.M.Smith  
Injury, Int.Care Injured 2000; 31:415-419
10. Thermal Capsular stabilisation for shoulder instability, mid term longitudinal outcome.  
O. Levy, M. Wilson, H R. Williams, J. Bruguera, R. Dodenhoff, G. Sforza, S. Copeland  
JBJS July 2001, 83-B, No.5
11. Shoulder disarticulation: a sequel of vascular injury secondary to a proximal humeral fracture.  
A.A. Syed, H. R. Williams. Injury, Int. J. Care Injured 33 (2002) 771-774.
12. Hashim ZA, Dahabreh Z, Jemain MT, Williams H. Bilateral Simultaneous Achilles Tendon Rupture in the Absence of Risk Factors: A Case Report. Foot Ankle Spec. 2011 Volume 4, Number 4 (August 2011).

## ABSTRACTS

### THE SEVENTH INTERNATIONAL CONGRESS ON SURGERY OF THE SHOULDER, PROCEEDINGS

1. Cementless surface replacement arthroplasty of the shoulder - 11 years experience  
O.Levy, H.R Williams, J.A. Bruguera, C Kelly and S.A.Copeland - p 49. 1998
2. Post-operative analgesia after daycase arthroscopic subacromial decompression. A prospective, double blind randomised controlled trial.  
H.R Williams, O.Levy, R. Sharp, R. Hall and S.A.Copeland - p279. 1998

3. Multi-directional instability of the shoulder treated by Laser Assisted Capsular Shift(LACS) procedure  
H.R.Williams J.A.Bruguera O.Levy and S.A.Copeland - p159. 1998

#### JOURNAL OF BONE & JOINT SURGERY, PROCEEDINGS

4. Documentation Audit of Trauma Patients in Yorkshire  
P.A Templeton, H.R Williams, R.M.Smith - 78-B Suppl II & III p134. 1996
5. Multi-directional instability of the shoulder treated by Laser Assisted Capsular Shift(LACS) procedure  
H.R.Williams J.A.Bruguera and S.A.Copeland - 80-B Suppl I p 107. 1998
6. Early results of the Laser Assisted Capsular Shift (LACS) procedure for multi-directional instability of the shoulder  
H.R.Williams J.A.Bruguera and S.A.Copeland - 80-B Suppl I p 59. 1998
7. Cementless surface replacement arthroplasty of the shoulder - 11 years experience  
O.Levy, H.R Williams, J.A. Bruguera, C Kelly and S.A.Copeland - in press

#### INJURY

8. The Transcondylar rod, a method for fixation of the Adult supracondylar Humeralfracture  
H.R Williams, P.K,Sharma, C.J.Chadwick  
27, No.5 p.371. 1996
9. Documentation Audit of Trauma Patients in Yorkshire  
H.R Williams, P.A Templeton, R.M.Smith  
27, No.5 p.373. 1996
10. Tibial Soccer Fracture Management; A silent majority ?  
P.A. Templeton, H.R. Williams, M. Farrar, J.A. Bruguera,  
R.M. Smith 28, No.3 p.235-36. 1997

#### ANNALS OF THE ROYAL COLLEGE OF SURGEONS OF ENGLAND

11. Audit of thrombo-embolic prophylaxis in hip & knee surgery  
H.R.Williams and D.A.Macdonald - in press
12. Laser Assisted Capsular Shift (LACS) for shoulder instability  
H.R.Williams J.A.Bruguera and S.A.Copeland - in press

#### PROCEEDINGS OF THE 10th CONGRESS OF THE EUROPEAN SOCIETY FOR SURGERY OF THE SHOULDER & ELBOW

13. Multi-Directional Instability of the shoulder treated by Laser Assisted Capsular Shift(LACS)procedure  
H.R.Williams J.A.Bruguera and S.A.Copeland p 308

#### PROCEEDINGS OF THE WELSH SURGICAL SOCIETY

14. Evaluation of the Alvarado Score in Acute Appendicitis  
T.D. Owen, H.R.Williams, G Stiff, L.R. Jenkinson, B.I. Rees. 1990

15. Laparoscopic Cholecystectomy -the first 155 cases  
B.I.Rees and H.R.Williams. 1990
16. Out patient follow up after routine surgery: a questionnaire study.  
H.R.Williams, V.B. Conboy, B.I. Rees & P.N. Matthews. 1992

## **PRESENTATIONS TO LEARNED SOCIETIES**

### **INTERNATIONAL MEETINGS**

#### THE SEVENTH INTERNATIONAL CONGRESS ON SURGERY OF THE SHOULDER

1998 - Multi-Directional Instability of the shoulder treated by Laser Assisted Capsular shift. Sydney.

1998 - Post-operative analgesia after daycase arthroscopic subacromial decompression. A prospective, double blind randomised controlled trial. Sydney.

#### 10TH CONGRESS OF THE EUROPEAN SOCIETY FOR SURGERY OF THE SHOULDER & ELBOW

1997 Laser Assisted Capsular Shift (LACS) for multi-directional instability of the shoulder . Salzburg.

#### THE THIRD CONGRESS OF THE EUROPEAN FEDERATION OF NATIONAL ASSOCIATIONS OF ORTHOPAEDICS & TRAUMATOLOGY (EFORT)

1997 Laser Assisted Capsular Shift (LACS) for shoulder instability. Barcelona.

### **NATIONAL MEETINGS**

#### BRITISH ORTHOPAEDIC ASSOCIATION ANNUAL MEETING

1995 Audit of thrombo-embolic prophylaxis in hip & knee surgery

1996 Documentation Audit of Trauma Patients

1997 Early results of the Laser Assisted Capsular Shift (LACS) for multi-directional shoulder instability

#### BRITISH TRAUMA SOCIETY ANNUAL MEETING

1995 The Transcondylar rod, a method for fixation of the Adult supracondylar Humeral fracture

1995 Documentation Audit of Trauma Patients in Yorkshire

#### BRITISH ELBOW & SHOULDER SOCIETY ANNUAL SCIENTIFIC MEETING

1997 Multidirectional instability of the Shoulder treated by Laser Assisted Capsular Shift (LACS procedure).  
Kessel Prize Winner

## THE READING SHOULDER COURSE

- 1997 The Frozen Shoulder
- 1997 Laser Assisted Capsular Shift (LACS) for shoulder instability
- 1998 Thermal stabilisation of the Shoulder

## 'EXCELLENCE THROUGH AUDIT'

- 1996 Audit of thrombo-embolic prophylaxis in hip & knee surgery

## LASERS IN ARTHROSCOPY & SPINAL SURGERY

- 1996 Laser Assisted Capsular Shift (LACS) for shoulder instability

## THE MANAGEMENT OF SPORTS INJURIES MEETING

- 1997 Laser Assisted Capsular Shift (LACS) for multi-directional instability of the shoulder

## THE WELSH SURGICAL SOCIETY

- 1992 Out patient follow up after routine surgery: a questionnaire study.

## BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION ANNUAL MEETING

- 1996 Documentation Audit of Trauma Patients in Yorkshire

## LOCAL MEETINGS

### YORKSHIRE ORTHOPAEDIC TRAINEES MEETING

- 1994 Pre operative fitness score in elderly patients with femoral neck fractures.
- 1997 Early results of the Laser Assisted Capsular Shift (LACS) for multi-directional instability of the shoulder

### RIDINGS ORTHOPAEDIC CLUB

- 1995 Documentation Audit of Trauma Patients in Yorkshire

## SOCIETY MEMBERSHIP

British Orthopaedic Association  
British Elbow and Shoulder Society  
British Orthopaedic Trainees Association  
British Medical Association

MR. H R WILLIAMS

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